

## The Sentinel December 2022

### LT GOVERNOR'S CORNER By Lt. Governor Margaret Silberger

'If you love what you're doing, and feel that it matters, what could be better.' What wonderful accomplishments have taken place over the past several weeks! Service projects, fund raisers, happening throughout the Long Island South Central Division, all with the same goal and purpose – to help children, family, community, both local and international. To echo from the last newsletter, it is a feeling that is palpable, each club individually unique, yet all striving for the same result.



Lt. Governor Margaret Silberger

Food insecurities is a major issue across many communities on long island, and beyond, and the LISC Clubs are tackling the problem on local levels. On November 12, Wantagh held a food drive at King Kullen, distributing the donations to three different local food pantries. Clubs are helping each other, beginning with the Thanksgiving feast provided by East Meadow to approximately 140 senior citizens and Veterans on Sunday November 20 at East Meadow High School. The Thanksgiving project of Carroll's Kitchen lead by Bellmore President Andrew Meyerowitz, afforded many hands to make light work for this amazing event, including but not exclusive to, Kiwanis members from Bellmore, Wantagh, Massapequa, East Meadow, Malverne, Levittown, to name a few, and was given a bonus of media coverage by NBC and CBS News. There are many more clubs that participated and conducted food drives, food deliveries, in efforts to help make someone more comfortable in their time of need.

On an international level spreading goodwill, Garden City supported the Liberia Reads Program and sponsored two children to help meet the education and community development needs of Gbarnga, Liberia, helping the children of the world.

As I continue to visit club meetings, board meetings, and attend events during the course of the year, I am in awe of all the wonderful projects and events that are accomplished. Let us know what your club is doing so we can provide support and / or assistance. The more you communicate with others, the better. Keep up the good work. As the year 2022 comes to an end, I wish all of you a very happy holiday season, and a happy and healthy new year.

Yours in Service, Margaret Silberger, LTG

## BELLMORE KIWANIS FORGES ALLIANCE TO FEED THE HUNGRY BY Andrew Meyerowitz

This year along with Carrolls Kitchen we fed almost 5000 meals to people across Long Island. Meals went to people from Rosedale Queens out east to Flanders. We assisted the Massapequa and Malverne clubs with a combined 600 meals. We sent another 600 meals to groups directly associated with LISC. Special thanks goes to Ted Heim for supplying the massive amount of cranberry sauce needed to feed this many people.



President Andrew Meyerowitz and Ryan Carroll of Caroll's Kitchen



Volunteers packing food for delivery.

# EAST MEADOW CELEBRATES THANKSGIVING BY REACHING OUT TO OTHERS By Kevin Kamper



With the help of East Meadow and Clarke High School Athletes Helping Athletes, East Meadow Kiwanis put up two Field of Honors.



We held a food drive at Shoprite in Uniondale and also had collection points at local businesses in order to provide for our food basket program. Thanks to our Key Club and Builders Club volunteers who assisted in the food drive.



The food was stored at a local office and sorted and transported to W T Clarke



High School.



Volunteers from Kiwanis, Key Club and Builders club helped us bag food baskets for 120 families. In addition the left over donations were sent to local food pantries.



Volunteers were given delivery routes and delivered to 120 families. Thanks to a grant from Stew Leonard's, gift cards were also included in the food baskets. Each bag delivered contained the East Meadow Kiwanis logo.



The East Meadow Aktion Club signed holiday cards that were given out at the Seniors and Veterans Thanksgiving Dinner





Celebrating our 40<sup>th</sup> annual Senior and Veterans Thanksgiving Dinner. We served over 200 people. Members were cooking all weekend in two locations. Thanks to all our volunteers.



We celebrated the holidays with the East Meadow Chamber of Commerce We are now collecting toys and gift cards for our annual toy drive. Donation bins are at local businesses, and we will be distributing the toys with a holiday meal on December 18<sup>th</sup>. Have a great holiday and a happy new year.

## BETHPAGE-CENTRAL PARK SHARES THE HOLIDAY SPIRIT By Joanne Foley

In keeping with the holiday spirit, Bethpage Kiwanis has once again partnered with the Salvation Army's Angel Tree Program. Our members and friends have adopted over 40 children this year, and gifts were collected by the Foley's. Our first delivery to more than 30 recipients of Angel Tree gifts was completed on Sunday, December 4th by Santa Bill Moseley. We hope to make our second delivery by December 15th.



Santa Bill Moseley with his assistant, Elf Jim Foley

On Sunday, December 4th, members of Bethpage Kiwanis joined the Chamber of Commerce in sponsoring the annual Tree and Menorah Lighting celebration. The holiday lighting ceremony was followed by performances by Norma's School of Dance and the Bethpage High School Masquers Guild. In keeping with tradition, the Bethpage Fire Department ushered in the holiday with Santa on their truck, while the Jr. Firefighter Elves gave out candy canes and Kiwanis members gave out glow bracelets to the delighted children!



Bethpage Members At Tree Lighting



Bethpage Tree and Menorah at Treee Lighting Ceremony

Bethpage Kiwanis hosted a successful and fun Guest Bartender FUNdraiser in November. We are so thankful to everyone who attended or showed support with donations! We are extremely thankful for our Guest Bartenders, Club Members Marilyn

Burleson and Councilman Lou Imbroto, and Bethpage Fire Department members Frank Debobes, Greg Patsos and John O'Connor and for the wonderful music by Dave Saul, Karen McQuillan Moseman and Lyza. At this event we collected new and gently used winter coats and accessories that were delivered to the LI Coalition for the Homeless. A great time was had by all!



Dave Saul and Karen McQuillan Moseman performing for the crowd

### GARDEN CITY SUPPORTS LITERACY

By DPP Patrick Curry

The Garden City Kiwanis Club hosted a Liberia Reads! Literacy Program at its November meeting. Sharon Meyer (GCHS Class of '82) from the Gbarnga Mission in Liberia spoke about their organization's efforts to fight illiteracy, and meet the educational, health and community development needs in the Gbarnga region of Liberia. The GC Kiwanis Foundation presented the Gbarnga Mission with a check for \$720, representing a sponsorship of two children.



President, Roger Eltringham and Sharon Meyer (Gbarnga Mission) and DPP Patrick W. Curry

### KPTC FOUNDATION ANNUAL MEETING By DPG Joe Corace

Dear Presidents and Secretaries:

We would like to invite you and the members of your club to our Annual Meeting that will take place on Tuesday January 10, 2023 at 7:00 PM. This is a chance for all of you to see how the money that you work so hard to raise for this foundation is used, and the impact that it has on saving lives.

Your club is entitled to submit one vote on all business that is conducted at this meeting. We need the name of the person who will be representing your club. In most cases, this is the President or Secretary. If you have not done so already, please email me this information at <a href="mailto:joecorace@aol.com">joecorace@aol.com</a>. If you have any questions, please call me at 917-282-9498

Finally, let me wish you and your families a safe, happy, and healthy Holiday Season.

## MALVERNE SUPPORTS COMMUNITY SERVICE AND LITERACY By Eliza Tom

Malverne has been busy with community activities. We participated in Malverne's Fall Festival with an information table; Represented Kiwanis at Our Lady of Lourdes Bazaar; Helped out at the Halloween RagaMuffin parade; Franklin Square's Trunk a Treat; and Carroll's Kitchen and Kiwanis Club of Bellmore's huge Thanksgiving endeavor with other

Kiwanis Clubs as well. We were even included in the news coverage for Carroll's Kitchen's great work. It was wonderful to share in the service to the community.

In November we welcomed our new member, Diana Castro who has provided us with great ideas for the community and children.



**Dewey Decimal Day** 

Keeping in line with the First Lady's Literacy agenda, Malverne hosted our first literacy project - Dewey Decimal Day at the Malverne Library on Saturday December 10. Our member Brian Lewis came as Buddy the Elf and read to the children. Some members of our budding Builders Club were on hand volunteering with arts and crafts, handing out cookies and watching the movie with the kids. It is great to see them participating already! We hope to host our next event in January.

Have a Happy Holiday everyone! Blessings to all our families. May 2023 grant us good health, great memories with friends and family and opportunities for service.

### NY State Kiwanis Mental Health Initiative By Kathy Levinson

In recognition of Past Governor Joe Ruggiero's Flora's Project and continuing under Governor Joel Harris' Mental Health Initiative for 2022-2023, New York State Kiwanis is seeking to promote greater awareness about the mental health crisis in the country.

The last ten years has seen a staggering increase in mental health issues for not only adults, but teens and children, as well. The problem has been exacerbated dramatically as a result of COVID. The influx of illegal and tainted drugs has resulted in the accidental deaths of thousands. Fentanyl, the most deadly synthetic opioid in history is 100 times more potent than morphine. The chronic stigma

for those with mental health issues causes many to not seek the help they need and instead suffer in silence, self-medicate, or choose darker options.

Promoting awareness builds the opportunity for conversations about mental health issues and encourages those who struggle to seek the help they need and deserve. Awareness promotes education, increases the likelihood of making better, more healthy choices. Awareness stirs mindfulness in our communities and in ourselves.

Clubs and divisions have the opportunity to promote awareness across New York State by inviting speakers to meetings and holding events in the community. Additionally, clubs have an excellent opportunity to build working relationships with local Circle-K's, Key Clubs, Builders' Clubs and Aktion Clubs.

As dedicated and concerned Kiwanians in our communities and across the state of New York, we have the strength to help those who are suffering and to make positive change for good.

If you would like to learn more about creating awareness in your community, please feel free to reach out to: Past Governor Joe Ruggiero at 917.678.3734; Jeff Stone at 917.741.8294; or Kathy Levinson, Ph.D. at 516.650.1959.

## LEVITTOWN REACHES OUT TO ASSIST THOSE WHO HAVE SERVED By Gary Crozier

The Kiwanis Club of Levittown raised \$1,250.00 through birthday donations via "Network for Good. The monies raised were then donated to the Nassau County Veterans Food Pantry which provides services to Veterans.



#### **Check Presentation to Nassau County Veterans Food Pantry**

The club invited the director and Kiwanis member John Scallici to a meeting, introducing them to our Kiwanis family, and presenting to them the check.

On behalf of President Marianne Adrian, Levittown would like to wish everyone a happy, healthy, Holiday Season. We look forward to greeting the New Year with both service and fellowship.

#### HEMPSTEAD EMBARKS ON NEW YEAR OF SERVICE

The Kiwanis Club of Hempstead will be embarking on a New Year of ambitious programs that involve strengthening efforts to create new ties to other organizations in the Hempstead community and working on a more aggressive public relations effort.

Club President Horace Smith wishes everyone all the best during the Holiday Season, and the club is looking forward to meeting the challenges during the New Year.

#### **EDITOR'S CORNER**

Thanks to all of the clubs who submitted material for this newsletter. Your efforts are greatly appreciated.

Finally, I hope that you and your families will take the time to enjoy this very special time of the year. May the New Year bring you health, peace, happiness, and prosperity.

#### **CALENDAR**

**Mon Jan 9<sup>th</sup>, 2022 6:45 PM** LISC Divisional Council Meeting hosted by the Kiwanis Club of Massapequa

**Sunday, January 15<sup>th</sup> 2023** West Hempstead Drag BINGO at VFW Franklin Square - SAVE THE DATE

Feb  $10^{th}$  –  $12^{th}$  2023 New York District Mid-Winter Conference at the Desmond Hotel in Albany NY.

Wednesday, March 15th Garden City St. Patrick's Day Luncheon at GC Hotel - SAVE THE DATE